



# Santa Barbara County Mental Health Commission

Alcohol, Drug and Mental  
Health Services

February 3, 2009

# Overview

- ◆ ADMHS' purpose and mandates
- ◆ Current ADMHS mental health services
- ◆ Budget process and funding sources for ADMHS mental health services
- ◆ State financial situation and impact to ADMHS

# Who Are We Mandated to Serve

- ◆ Children with serious emotional disturbance (SED) to the extent resources are available
- ◆ Adults and older adults with serious mental illness (SMI) to the extent resources are available
- ◆ All Medi-Cal beneficiaries with specialty mental health needs

# Mandated Services

- ◆ Emergency Services
  - CARES North and South
  - CARES North Crisis Residential
  - Children's Crisis Response
- ◆ Acute Psychiatric Services
  - Psychiatric Health Facility (PHF)/Out-of-County Acute Inpatient
  - Out-of-County Longer-Term Inpatient/State Hospital
- ◆ Wraparound Services
- ◆ Therapeutic Behavioral Services

# Children's Mental Health Service Delivery System

- ◆ Served 2,847 children/adolescents in FY 07-08
- ◆ County Clinics
  - Multi-disciplinary teams
  - Assessment, treatment planning, case management, individual/family/group treatment, medication
- ◆ Community Based Organizations
  - Therapeutic Aides
  - Parent Partners/Parent Advisory Council
  - Intensive In-Home
  - Intensive In-School
  - Therapeutic Foster Care
- ◆ School Based Mental Health/AB3632
- ◆ Early Childhood Mental Health
- ◆ Juvenile Justice Mental Health

# Adult Mental Health Service Delivery System

- ◆ Served 5,308 adults in FY 07-08
- ◆ County Clinics
  - Multi-disciplinary teams
  - Assessment, treatment planning, case management, individual/group treatment, medication
- ◆ Community Based Organizations
  - Homeless services
  - Residential and supported housing services
  - Rehabilitation and supported services
  - Rehabilitation/drop-in centers
- ◆ Three Assertive Community Treatment teams
  - Individuals with most high-risk conditions
  - Intensive in-home treatment, rehabilitation, and support services

# Service Priorities

- ◆ Follow evidence-based practices demonstrated to achieve specific, measurable outcomes
- ◆ Place homeless persons with mental illness as a priority population
- ◆ Preserve access to permanent, affordable supported housing; encourage the leveraging of housing capacity
- ◆ Value consumer driven and operated service approaches
- ◆ Support culturally competent

# Budget Process and Mental Health Funding Sources

- ◆ County Budget Process Overview
  - Match available funding with system of care
- ◆ Federal funds
- ◆ State funds (sales tax and vehicle license fees)
- ◆ County General Funds (property and sales taxes)
- ◆ Prop 63 (Mental Health Services Act)

# MHSA

- ◆ Community Services and Supports
- ◆ Prevention and Early Intervention
- ◆ Work-Force Education and Training
- ◆ Capital/Information Technology
- ◆ Innovation

# 08-09 Budget Foundation

- ◆ Effective November 1, 2008 reconfigured adult mental health system of care
- ◆ Spread one-time budget expansion across FY 08-10 to foster stability
- ◆ Achieved furlough savings as an additional bridge toward FY 09-10

# State Budget Problems

- ◆ Governor's proposed FY 09-10 budget projects a State General Fund deficit of \$41.6b
  - Includes \$14.8b FY 08-09 deficit (of \$135b budget)
- ◆ Largest proposed reductions in FY 09-10 are from health and human services (\$4 billion)

# Santa Barbara County Budget Issues

- ◆ General Fund revenues declining
  - Declining Sales Tax revenues
    - ◆ 8% or \$8.0m in FY 08-09 and \$3.1m in FY 09-10\*
  - Declining Property Tax revenues
    - ◆ 5% or \$10m in FY 08-09 and \$6.0m in FY 09-10\*
- ◆ General Fund projected to end the year with a deficit

# ADMHS 08-09 & 09-10 Financial Threats

- ◆ Reductions in Realignment Funds in FY 08-09 and FY 09-10 (due to declines in VLF and Sales Tax revenue)
- ◆ 10% Reduction in General Fund Contribution
- ◆ Potential delay in State Medi-Cal payments (up to 9 months)
- ◆ Governor's proposal includes diversion of MHSA funds
- ◆ Compliance liabilities
- ◆ County has reduced strategic reserves; No GFC to backfill State reductions

# Looking Ahead

- ◆ Preserve the current service delivery system in FY 09-10
- ◆ Assure a single point of clinical accountability and single treatment plan
- ◆ Manage lengths of stay in the most intensive services, thereby increasing access to care
- ◆ Meet State/Federal regulatory requirements
- ◆ Maximize efficiency in business operations
- ◆ Emphasize integrated system of care

# Public Input

- ◆ Mental Health Commission
- ◆ Consumer & Family Advisory Group
- ◆ MHSA Public Input



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