



SANTA BARBARA COUNTY ADVISORY BOARD ON ALCOHOL & DRUG PROBLEMS

Final Meeting Minutes
September 14, 2009 – 4:00 p.m. to 6:00 p.m.
Pea Soup Andersen's Valley Room, Buellton

Members Present: Jayne Brechwald, Chair, 2nd District; John Gostovich, 1st District; Danny Macagni, 4th District; John Richards, 4th District; James Rohde, 3rd District; Kati Smith, 4th District; Tona Wakefield, 1st District; Donna Feazelle, 3rd District; Beth Weinberg, 2nd District; Teresa Menchaca, 5th District and Nancy Jacobs, 3rd District.

Members Excused: Deborah Brasket, 4th District and Arthur Merovick, 1st District.

Members Absent: Debra Stanfield, 1st District.

Guests: Wim Verkaik, CADA.

Staff: John Doyel, M.A., CADC-II, ADP Program Coordinator and Jessica Opland, ADMHS-ADP.

I. Call to Order

- Chair Jayne Brechwald welcomed members, guests, and called the meeting to order at 4:05 p.m.

II. Introductions/Announcements

- Each committee member introduced themselves and said what they did this summer.
- Nancy Jacobs is officially the Advisory Board's new third district member.
- Kati Smith announced for the record that she is no longer with the second district and was recently appointed with the fourth district. She also discussed an article about "Fan Cans" and an advertisement from Readers Digest stating prescription drug use is a problem among teens.
- Beth Weinberg announced she will not be present at the October meeting.

III. Approval of Minutes

ACTION: Macagni moved, seconded by Smith with all in favor (Feazelle, Weinberg and Menchaca abstained) to approve the August 3, 2009 Advisory Board Minutes, as amended.

IV. Chair's Report

- Welcomed Nancy Jacobs who is the new third district member.
- Discussed the Board's vacancies and would like staff's help in recruiting for the Fifth District.
- Announced that ADMHS has hired new Consumer Empowerment Manager, Tina Wooton, asked John Doyel to determine her work priorities and report back to the group, and also extended an invitation for Tina to attend the next meeting.

- The Chair feels it is unacceptable to have the ADP Division Chief's position still be interim. John Gostovich asked John Doyel to ask Ann Detrick to give Jayne a call about the status of filling the position permanently.
- Al Rodriguez's party was on August 27th, which some of the Board members attended.
- The Chair announced that Cottage Hospital is holding psychiatric grand rounds. The next one is September 23rd at noon and the topic is "Working with Latino Families."
- Jayne attended an event where she sat next to the head of the Democratic Party for UCSB and they discussed the Social Host Ordinance. They both agreed that students should be involved in the development process of the ordinance in order to get buy-in.
- National Preparedness Month Tuesday September 22nd, 3:00-4:30pm, Westside Community Center Auditorium, Santa Barbara, Emergency Preparedness Forum for People with Disabilities and Seniors Living Independently in the Community.
- ADP is hosting a California State Drug Medi-Cal Training presented by James V. Cortese on November 3rd at the Holiday Inn Express in Solvang.
- Ventura County Behavioral Health is hosting a conference called Rx and OTC Abuse: Prescription for Change on September 29th at the Residence Inn in Oxnard.
- Teresa Menchaca announced on October 8th from 4-6pm Fighting Back Santa Maria Valley will be hosting a Medicinal Marijuana workshop in the Board of Supervisors hearing room Santa Maria.
- Donna Feazelle announced that Wednesday, September 16 Santa Ynez High School will be hosting back to school night, the topic being "How would you know if your kids were using drugs?"

V. Site Visit Reports

- Jim Rohde visited Casa Esperanza and spent time with Executive Director, Mike Foley and the head of the Consumer Advocacy Coalition, Rodger Thompson. This facility helped 1600 people last year. To get into the detox program it takes 9-12 days and it is the only detox facility from Carpinteria to Lompoc. They will take anyone into the detox program who is high or drunk and they can stay for as long as they like. Casa Esperanza is certified by Medi-Cal. They have \$66,000 coming in from the mental health side, which is a positive because 35 hours a week people with mental health problems are coming in. They have 11 different partners. Mike Foley has been Executive Director for four years. The facility has 200 winter beds and 100 summer beds. They use corrective action if rules are not followed. If there is a problem action will be taken; could even be thrown out. There are 32 people on staff and there is a Spanish speaking staff person working every shift. Everyday they can bathe. There are laundry facilities, a big conference room, computers and classes. With the homeless they are trying to hold their hand. They try helping them with housing, building healthy relationships with in house staff, which will hopefully lead to healthy relationships outside and they also help them with developmental issues. Mike Foley has changed the definition for the people who come to the facility from clients to guests. Casa Esperanza has street outreach, which is very effective. They build relationships based on trust. This program was established three years ago. CARES is represented there 30 hours a week and there is a mental health coach available. The kitchen is impressive. There is lots of food, which is donated, which is helpful for their finances. 300 volunteers a year come to help prepare and serve the food. The guests are responsible for the upkeep of the facilities. For example, they paint, clean, etc. There are two family suites with four beds and a private bathroom. Project Recovery, which is renting space from Casa Esperanza, has 12 detox beds, but could use 24. The State Budget is affecting Casa Esperanza's budget. They are trying to get more volunteers including consumers to come in to lead peer groups. Ultimate crisis in Mike Foley's opinion is homelessness.
- Wim Verkaik discussed the Milpas Task Force that he is apart of.
- Kati Smith asked if there are guest's pets at the Casa Esperanza facility and if there is still a closet full of clothes for interviews. Jim Rohde could not answer those questions. She also formally signed up for her Central Coast Headway site visit.

- The Advisory Board would be interested in having Mike Foley, Executive Director of Case Esperanza to come and speak.
- Tona Wakefield mentioned she will be going to CARES for her site visit, but has not set up a formal date.
- The Chair asked staff to get a list together of the Treatment and Prevention Specialists site visit schedule so Advisory Board members can decide if they would like to accompany them.

VII. Interim Division Chief's Report: Presented by John Doyel.

1. **Funding for Alcohol and Drug Treatment per State Final Budget** – The State budget for FY 09-10 completely eliminates funding for SACPA, \$90M statewide, OTP continues with funding at \$18M statewide. The budget allocated \$45M statewide in bridge funding from Bryne Grant stimulus funds for treatment of persons with non-violent drug offenses. ADP has reduced provider allocations to reflect the budget reductions from the state. In addition some SAPT has been reallocated to balance out funding among to preserve treatment services countywide. SACPA funding provided to the Courts has been eliminated altogether and reduced by 50% to Probation. SACPA Outpatient Drug Free treatment now follows a 6-month Matrix Model.
2. **The County of Santa Barbara is instituting a “Recovery-Oriented Systems of Care (ROSC) services system** to establish interim services for clients referred to SACPA who are placed on waitlists to provide aftercare services for individuals who have completed treatment and need or want on going services. ADMHS will be funding the creation and maintenance of three types of self-help groups, in addition to the current network of 12 Step groups to provide continuing care to ADP clients. These groups are called SMART Recovery®, Double Trouble and or Psycho-educational drug abuse intervention groups. ROSC Groups compliment the current menu of established 12 Step Groups.
3. **Funding for Cal WORKS per the State Final Budget** – The state budget has reduced funding to Cal Works by \$583M. Currently, the direct impact to ADP is unknown; however a 50% minimum reduction in funding is anticipated to impact ADP. This will result in a reduction in contracted services and possible re-assignment of some co-located staff.
4. **Staff Changes** – Ivonne Slim Styling has moved to the Santa Maria Clinic to help with Co-Occurring services. Norma Benavidez has moved to the Justice Alliance position. Lisa Gilbert has resigned to care for her new son. Socorro Madrigal has resigned her position and has taken another position in San Luis Obispo. All salary savings have been aimed at preserving treatment services wherever possible.
5. **Santa Maria Mental Health Clinic Co-Occurring Treatment Program** – This program provides counseling and case management services to clients referred by the court; mostly from Judge Flores for SACPA, SATC (Drug Court), Mental Health Treatment Court and other clients who have co-occurring disorders. As a continuing effort to integrate services between Mental Health and the Alcohol and Drug Programs, and to place clients into appropriate levels of care, a new process has been developed to move clients into the ADP treatment system of care. To start this program effectively, the plan is that entire counseling groups will be moved from the clinic to the CBOs – Mental Health Systems, Coast Valley and Good Samaritan Services – to provide smooth transitions for all clients involved.
6. **Social Host Ordinance** – Santa Ynez People Helping People, an ADP Prevention provider, is taking the lead in organizing and drafting a county-wide social host ordinance and working with the cities to have SHO passed a city at a time. People Helping People is working collaboratively with Fighting Back Santa Barbara and other

CBOs to move this process forward. If you are interested in participating, contact Shereen Khatapoush at (805) 730-7575 or Mary Conway at (805) 686-0295.

7. **Youth Survey** – Results indicate the importance of enacting a county-wide Social Host Ordinance. Youth are drinking at a disturbingly young age and in their own homes, homes of their friends with adults present and hotels/motels. The Youth Survey indicates that underage drinking remains a serious problem that needs to be addressed by ADP and communities at large.

VIII. Old Business

- None.

IX. New Business

- None.

X. Public Comment

- Wim Verkaik discussed what has been happening with CADA. They have been collaborating with ADMHS to the best of their ability. They have an open and honest arrangement, where they keep the channels open trying to come up with good ideas. Last Tuesday they were notified through the Santa Barbara School District that they will pull their funding for the YSS and RY program effective December 1st. That means that CADA will have to take its counselors out of the Santa Barbara schools effective December 1st. CADA is implementing a 10 day furlough mandatory for all staff and counselors effective immediately and to be completed by January 31, 2010. They terminated their first state certified counselor who had six years experience, due to the Prop 36 funding cut. Wim went on to tell the Board how the Prop 36 funding cut is impacting CADA.
- Kati Smith passed around the index to a popular health textbook that's used at the high school level. It is a mandatory class for tenth graders and the textbook is state approved and used widely. The information regarding drugs is in unit seven, but it is still not enough.

XI. Adjournment

ACTON: Macagni moved, seconded by Richards with all in favor to adjourn the September 14, 2009 Advisory Board meeting.

Adjourned at 6:02 p.m.

Respectfully submitted by:

Jessica Opland, Admin. Office Professional II
Division of Alcohol and Drug Program