



## SANTA BARBARA COUNTY ADVISORY BOARD ON ALCOHOL & DRUG PROBLEMS

Final Meeting Minutes  
April 6, 2009 – 4:00 p.m. to 6:00 p.m.  
Pea Soup Andersen's Valley Room, Buellton

**Members Present:** Jayne Brechwald, Chair, 2<sup>nd</sup> District; Danny Macagni, 4<sup>th</sup> District; Arthur Merovick, 1<sup>st</sup> District; Debra Stanfield, 1<sup>st</sup> District; and Beth Weinberg, 2<sup>nd</sup> District.

**Guests:** Molly Appel Morse, 3<sup>rd</sup> District; Catherine Birtalan; Louise Currey, 3<sup>rd</sup> District; John Gostovich, First District; Slick Gardner, A&M Ranch LLC; and Andy Joughin; 3<sup>rd</sup> District.

**Members Excused:** Deborah Brasket, 4<sup>th</sup> District; Donna Feazelle, 3<sup>rd</sup> District; James Rohde, 3<sup>rd</sup> District; Kati Smith, 2<sup>nd</sup> District; and Tona Wakefield, 1<sup>st</sup> District.

**Members Absent:** None

**Staff:** Ann Detrick, PhD., ADMHS; Nancy Gottlieb and Mary Rodrigo, ADMHS-ADP.

**Call to Order:** Chair Jayne Brechwald welcomed members, guests, and called the meeting to order at 4:07 p.m.

### **Introductions/Announcements/Approval of Minutes:**

- Advisory Board members, staff and guests introduced themselves.
- The approval of the minutes was delayed due to lack of a quorum. Jayne asked that the minutes should include the next steps the Board entertained on the agenda items. Nancy explained that under Committee Reports (Page 2) "The committee reports are relatively inactive because membership is low. There is no expectation that the committees would be active right now until the membership increases." This would replace "Tona reported that this matter is at "status quo" until further notice." Under Division Chief's Report (Page 3), the minutes should reflect that the next steps are: "Make suggestions for a planning group, wait for the revised budget in June for a more understanding of funding available for strategic planning and contracting, and plan to have a retreat with various stakeholders. The retreat's goal would be to do a similar process as was previously done with the ADP 2002 Strategic Plan. Since there have not been any revisions or updating with the 5-year Strategic Plan 2002, ADP is looking to either continue the existing strategies or modify them."

**Action taken:** Danny moved to approve the March 2, 2009 Advisory Board Minutes, Art seconded the motion, with all in favor, no corrections; the minutes were approved as amended.

- Handouts.
  1. Article. NIATx – the Network for the Improvement of Addiction Treatment. "Conducting a Change Project"
  2. Special Elections May 19, 2009.

3. The ACTION Campaign. *"Let's Impact 55,000 Lives"*
4. Letter from Ann Detrick, Ph.D., March 6, 2009. *"MHSA CSS 2008/09 Plan Update and Draft Community Services and Supports for Public Comment."*

### **Chair's Report:**

Jayne welcomed Ann to the meeting. Highlights of discussion:

- Expansion of membership in North County. We are still looking to expand our membership with North County and expressed concern because there is still no representation from the 5<sup>th</sup> District. She has not directly contacted Supervisor Centeno's office yet; however, did meet with Ann about the membership in North County.
- Combined meeting with the Mental Health Commission (MHC) and Advisory Board. Ann apologized and relayed the message that MHC did not feel they had an input about the choice for the April 17<sup>th</sup> meeting and felt there was some miscommunication. Ann suggested that between Jayne and Margie, they could come to some agreement. She mentioned that the two groups should get together and expressed her appreciation for everyone's patience. Jayne clarified that James is the liaison for the two meetings and Tona attends the MHC meetings. It was the Board's intention for a joint meeting because ADMHS is one department and they both could discuss matters in common. MHC proposed an early afternoon meeting in Santa Maria on May 15<sup>th</sup>. Discussion on how many could attend an early meeting on a Friday and concluded they could not all meet at that time or on a Friday. Ann will be attending the next MHC meeting and bring the Board's recommendations.
- Nancy's title of Interim Division Chief status. Jayne requested if Ann could respond to Nancy's interim position for close to two years. She asked if they could be of assistance or express their support to resolve the temporary status. Ann will check further into the current status, see what process is required, and reply to the Board.
- Advisory Board Webpage information. Ann reported that the MHC agenda and minutes are being translated in Spanish and displayed on their SBC web page along with the English version. She suggested that Advisory Board should do the same with their agenda and minutes.
- Director at Every Meeting. Members were asked if they would entertain the idea of having Ann at every Board meeting. After discussion, it was agreed that if there was an important matter on the agenda, it would be beneficial to have Ann in attendance. Ann expressed that the County website is a good way of conveying information.
- March 4<sup>th</sup> Early Prevention Providers meeting. They discussed the five major age groups, from preschool up to 25 years. They discussed the substance abuse among the youth, including an increase in mental health issues. Danny explained that some youth, with an antisocial behavior in the elementary schools and not caught early by counselors, will continue the pattern throughout their lives. Several stressed the importance of available resources before they are shifted from school to school and lost in the system. For other youth, the biological mental aspect does not start until junior high and may go unnoticed. Identifying issues, needs and services can be challenging if the individuals do not have access to doctors.

### **Committee Reports:**

There were no committee reports.

### **Site Visit Reports:**

Discussion regarding obtaining the staff monitoring site visit list. Some of the members did not receive the Prevention Providers monitoring site visit list and a copy will be mailed to them. There was discussion about scheduling with staff to go with them on their monitoring site visits. Beth expressed an interest in going on the UCSB site visit. Nancy asked them to call and schedule with Asia Eichmiller, ADP Treatment Service Specialist (805) 681-5445, for the initial interview or exit interview.

**Action taken:** N/A.

**Interim Division Chief's Report:**

Nancy reported on the following matters:

1. **NIATx. The Network for the Improvement of Addiction Treatment:** Co-sponsored by Robert Wood Johnson Foundation and SAMHSA. A national improvement collaborative that works with substance abuse and behavioral health organizations across the country. Goals are to improve access to and retention in addiction treatment. NIATx would help the providers who sign on transform their organizational cultures through process improvement. Nancy has a tool kit from the conference if anyone is interested in reviewing it. The process is to increase productivity and the interest in helping each other. Presently, there are 35 counties that are signed on.
2. **Social Host Ordinance.** The handout distributed about the April 21<sup>st</sup> hearing to address the SHO proposal has been changed. Several expressed interest in attending the hearing. Jayne volunteered to testify at the May 5 hearing at the Board of Supervisors. The ordinance is gaining public acceptance.
3. **Current Funding – AOD Treatment, Prevention, dependant of the May 19 vote:** Handout from League of Women voters.
4. **New Legislation:**
  - **AB 750, by Assembly Speaker Bass.** Would authorize superior courts to create a deferred entry of judgment reentry program for first-time nonviolent felony drug offenders.
  - **SB 154, by Senator Benoit.** If convicted of boating under the influence (BUI) a person, as a condition of probation, would have to successfully complete “licensed alcohol or drug recovery services program.”
  - **SB756, by Senator Ashburn.** Proposed establishment of three new community-based pilot programs for certain parolees who violate parole by providing AOD treatment and anger management programs.

**Old Business:**

Jayne reported that the next May 4<sup>th</sup> Advisory Board meeting is tentative until we find out if there is going to be a joint meeting with the Mental Health Commission (MHC). Members were asked to keep May 4<sup>th</sup> available just in case.

- Dr. Sherif El-Asyouty, who specializes in addiction, is willing to come and do a presentation at a future date.
- Discussion regarding the increasing problem with youth and meth. There are more 18 to 24 year olds coming through the treatment program. It is difficult to assess the younger population under 18 years of age with substance abuse problems.
- Another serious problem is the older population with overuse of prescription drugs. There was a general consensus that it is important to meet with the MHC to discuss the importance of these addiction and mental illness issues. Debra suggested that it would be helpful if Dr. El Asyouty could do a presentation at the proposed joint meeting. Jayne asked if she could find out if the doctor can do a presentation and report back at the next meeting.

**New Business:**

No new business.

**Action taken:** N/A.

**Public Comment:**

There was further discussion regarding the Social Host Ordinance (SHO) and its hesitant acceptance in the Isla Vista area. Nancy encouraged support and representation from members at the Board of Supervisors' hearing when the SHO is discussed.

**Adjournment:** No further business, Danny moved to adjourn the meeting, seconded by Beth, the meeting was adjourned at 6:00 P.M.

Respectfully submitted by:

Mary Rodrigo, Admin. Office Professional II  
Division of Alcohol and Drug Program